



7. ESTONIAN MTBO CHAMPIONSHIPS IN SPRINT
19. ESTONIAN MTBO CHAMPIONSHIPS IN MIDDLE DISTANCE
22. ESTONIAN MTBO CHAMPIONSHIPS IN LONG DISTANCE

24.-25.08.2024

Location: Siimuniidu and Põlva parish, Põlva county

COMPETITION INFORMATION

SCHEDULE

24.08 at 12.00 First start, middle distance
24.08 at 18.00 First start, sprint
25.08 at 11.00 First start, long distance
25.08 approx. at 14.00 Prize-giving

COMPETITION CENTRES' LOCATIONS

Middle and long: [Mooste keskus](#)

Sprint [Põlva keskus](#)

REGISTRATION

Registration is open until Monday, August 19, 23:59. Registration can be done using the following ways:
online registration: <https://osport.ee/calendar/Event/19204>

e-mail: okkobras@gmail.com

Registration is confirmed when participation fee has been paid.

ENTRY FEES

MW17, 20	9 eur/distance
MW21, 40, 50	20 eur/distance
MW60	15 eur/distance

Swedbank EE772200001120074588 Orienteerumisklubi Põlva Kobras

SEB EE241010402009464002 Orienteerumisklubi Põlva Kobras

LICENSE REQUIREMENT

All* participants of Estonian Championships need to have Estonian OF license for the year. License should be ordered using online form at <https://orienteerumine.ee/eol-litsents/> and paid to Eesti Orienteerumisliit bank account EE671010220034030010 (SEB) or EE972200221002100295 (Swedbank).

* Foreigners (except for foreign veteran class competitors of Estonian clubs) compete outside the Estonian championships and **do not need to purchase an EOL license.**

COURSES (estimated lengths)

Class	Sprint (km)	Middle (km)	Long (km)
M17	5	8	15
N17	4	6	13
M20	6	10	20
N20	4	8	16
M21	7	13	26
N21	6	10	20
M40	5	10	20
N40	4	7	15
M50	5	9	16
N50	4	6	12
M60	4	8	13
N60	3	5	10

TERRAIN AND MAP

Middle and long distance

Previous maps: Siimuniidu [2021031](#), Aarniku [2019030](#), Sulbi veski [2018054](#), Lahojärv [2013035](#). The author of RO maps is Rein Zaitsev (2024). On the terrain there dominates pine forest, mixed with cuttings and young trees of different ages. The grown-up forest has mostly very good visibility and passability, and is practically dry. Height differences on the slope up to 20 m. The density of the road and target network is from sparse to medium. Regular ride network mostly covered with drivable roads. The terrain has many different landforms (holes and trenches of military origin), which the MTBO map generally does not show to improve its readability. Very few marshy areas. As a result of forestry work, there are along the roads long impassable stacks of branches in some places, which are shown on the map with the sign of an impassable wall. In previous years, the recreational orienteering events of Põlva county has been held on the same terrain in 2022 and 2023. The scale of the map on the middle distance is 1:10,000, on the long 1:15,000 or 1:12,500, h= 2.5 m.

Sprint

Previous maps: Põlva jaam I [2022008](#), Põlva jaam II [2022059](#)
MTBO map author Rein Zaitsev (2024). The terrain was used at the foot-o Estonian championships in sprint 2022. The map and the terrain are used for MTBO for the first time.
The scale of the map is 1:7 500, h= 2.5 m.


RIDING OFF THE TRACKS, PROHIBITED AREAS


Off track riding is allowed with the exception for the areas marked as out of bounds or as „shall not be entered“ (yard areas, prohibited areas, etc.).

On the tracks there are some segments, which are prohibited for riding and for crossing (violet zig-zag sign along the track.

Fallen trees over tracks are mapped with traditional purple dash over the track.

Reminder:

 - Area, that shall not be entered. Entry strictly prohibited, except along the mapped streets and roads through the areas.

 - Out of bounds area.



- Track section, which is prohibited for riding and crossing. In the terrain the ends of the segment are marked with yellow tape



- Forbidden to pass

SAFETY ON STREETS AND ROADS

All streets and roads are open for transport during the races. Competitors have to take care and count with other actors in the traffic. In the forest terrain of middle and long distances there is very small traffic.

Sprint (in city): be very careful at junctions – be aware about possible other competitors, cars and local people on the streets and tracks.

Keep right when meeting another competitor on the course.

GPS

Selected competitors in classes M21 and N21 will get GPS devices before the start at the competition centre.

List of the competitors will be published separately.

TIMING AND PUNCHING SYSTEM

Touch-free electronic system SPORTIdent will be used, which requires SI Air+ cards. Rented cards (1,5 eur/distance) can be collected in the organizers tent. Controls are equipped as usual foot-O controls. SI Air+ cards are activated in the start by punch in the Check (Kontroll) station. For punching in the controls one has to bring the SI card inside the range of 30-50 cm from the SI station. In the finish time will be taken by a timing cable under the finish line.

COMPETITOR NUMBERS

All participants have to wear a competitor number on the front of the bike. A5-sized numbers are handed out in the organizer's tent. The same number shall be used at all three competitions.

START PROCEDURE

All classes start from one start. Pre-start is 2 minutes. Start interval is in middle and sprint 2 minutes, in long distance 3 minutes. Maps will be available from 1 min before the start.

RESULTS

Online results <https://otse.osport.ee/> Official results will be published within 2 hours after the finish of the last competitor on the event's web page <https://okkobras.eu/>

TOILET

Dry closet at the competition centre

PRIZE-GIVING

Medals to three best Estonian citizens in each class. Prizes by the organizers to the competitors from other countries placed in three best in the class.

CATERING AND ACCOMMODATION

See - <http://www.visitpolva.ee/>

WASHING

There are no washing facilities in the competition centres.

ORGANIZERS

Event director: Alar Assor tel. 5341 0476, alarassor@hotmail.com

Timing: Priit Nurmoja (OK Põlva Kobras)

Course setter: Rein Zaitsev (Värskas OK Peko)

EOL adviser: Aare Huik (OKVõru) tel 5806 7602, aare.huik@gmail.com



PÕLVA VALD