Bulletin 3-4 (24.07.2024)



36th KOPRAKARIKAS

Krootuse-Kindapalo, Kanepi municipality Põlva county July 27th – 28th 2024

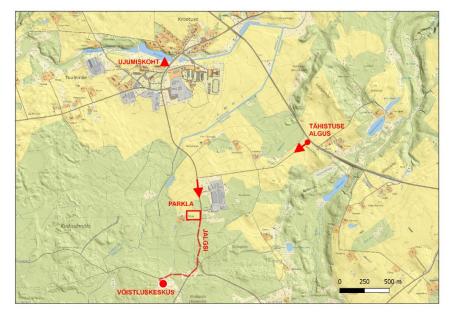
PROGRAM

Saturday, July 27Middle distance14.00 (first start)Sunday, July 28Long distance11.00 (first start)

Start 3 (marked courses, support courses, open courses) is open on Saturday from 14:00 to 15:30 and on Sunday from 11:00 to 12:30. All runners starting from Start 3 can start at the time of their choice when the start (start 3) is open.

EVENT CENTRE and PARKING

Event Road signs (on map: "Tähistuse algus" will be on Põlva-Saverna road (road 89) in Hilba buss stop: <u>58.0659 26.2322</u>



Parking (on map: "Parkla"): 58.059720, 26.839288

NB! Change compared to the Bulletin 1-2! On both days parking is in the meadow, 900 meters away from the event center. Parking fee 2€/day. All competitors must park their car in the official parking lot and pay the parking fee. From the parking lot th eparticipants walk to the event center along an open to traffic gravel road.

At the event centre there is place for participants' and clubs' tents. There is also cafe of organizing club (Koprakohvik), a children's play tent with childcare and orienteering gears' sales booths.

The nearest beach swimming place (on map: "Ujumiskoht") is located 2.5 km from the competition center in the village of Krootuse.

MAPS and TERRAIN

way!

Map scale is depending of classes: 1:7500, 1:10 000 (see the courses' table), in marked (NR) and TR courses : 1:5000. H 2,5m.

Old map: **2008051**, renewed spring-summer 2024. Mapper Avo Veermäe.

Varied moraine landscape. Height difference in terrain is 50 m. The biggest rise on one slope is 50 m. Over the years, extensive forest works have been carried out in the terrain forest, forest cutting and maintenance work have continued to this day, and therefore there are many clearings of different age in the terrain landscape. Areas with more difficult passability are marked on the map with green vertical hatching. Forest coverage 90%.

In the southern part of the terrain landscape, there is Hilba river along with Tsigaorg valley with nearly 50-meter slopes.

Course master comment: "A new map (2024042) has been prepared for this year's Koprakarikas, the field work and map drawing of which were done in the early spring of 2024. When depicting passability, the mapper has tried to use as little green as possible and has generalized passability classes. In this type of terrain, a white forest does not mean a park forest, but can be quite variable in terms of visibility and runability. Rather, the color also characterizes the age of the forest to some extent. Often, in the forest depicted in white or light green color, only the noticeable contours of the forest of a different age have been left. Due to the mapping time (spring), in mid-summer everything seems a little "greener" than you would expect from the map image, but if you calibrate the scale of your feelings a little, things will fall into place."

In Saturday (middle distance) on all courses the map size is A4, in Sunday (long distance) in classes M18, M20, M21E, N21E, M21A, M35, M40 the map size is A3, on all others A4. In middle distance, next to CP only the point sequence number is on the map. In long distance, next to the CP, there is both the sequence number and CP code. The marked and support tracks has both a sequence number and CP code on the map on both days. Some points are located close to each other on the terrain, and checking carefully the CP's number can save you from cancellation. On some classes, the runner have to punch the same CP several times - make sure you run the course right

The maps are printed on paper and placed loosely in a plastic bag. If desired, the competitor can take his/her map out of the plastic bag after the start signal and leave the plastic bag at the start.



Pictures from terrain: <u>https://photos.app.goo.gl/WmscTE9LY7ymAMtR8</u> Old maps: <u>9852</u>, <u>9853</u>, <u>2007034</u>, <u>2018043</u>, <u>2018052</u>.

EMBARGOED AREAS

Cornfields, farmyards. It is forbidden to cross areas marked as prohibited on the map (purple cross-hatching, ISOM 709.0).

On long distance map, there is a situation where the trail passes between two purple cross-hatched prohibited areas and passes next to the farm yard. This road may be used.

DANGEROUS PLACES

When going to the starts on both days (including children's start no. 3), runners have to walk along the sometimes curvy road. Be careful and walk on the right side of the road (left)! On the first day, the starts are located east of the event center along the gravel road, on the second day, the starts are located west of the competition center, along a forest road with quieter traffic.

On the first day, all courses (including marked and support track) cross the aforementioned gravel road, where the traffic is not excessively dense, but the crossing points are not regulated by the organizers in any way.

In some places, winter thinning felling works has been done in the forest, and there are quite sharp 20-30 centimeters warts on the ground. Assess your abilities in such areas and slow down if necessary.

CLASSES, COURSES, MAP SCALE, STARTS NUMBERS

	Middle 27.07.2024		Long 28.07.2024			Chart	
Class	Course (km)	СР	Map scale	Course (km)	СР	Map scale	Start
N8NR, N10NR	1,7/2,6	6	1:5000	1,9/2,5	5	1:5000	3
N12TR	1,8	7	1:5000	2,0	6	1:5000	3
N14	2,7	7	1:10000	3,5	9	1:10000	1
N16	3,7	12	1:10000	5,6	12	1:10000	1
N18	3,8	11	1:10000	5,9	13	1:10000	1
N20	4,1	13	1:10000	6,9	15	1:10000	1
N21E	5,0	16	1:10000	8,2	17	1:10000	1
N21A	4,1	13	1:10000	6,9	15	1:10000	1
N35	4,1	13	1:10000	6,9	15	1:10000	1
N40	3,8	11	1:10000	5,9	13	1:10000	1
N45	3,8	11	1:10000	5,9	13	1:10000	1
N50	3,5	13	1:7500	5,5	12	1:10000	2
N55	3,5	13	1:7500	5,5	12	1:10000	2
N60	2,7	11	1:7500	4,1	10	1:10000	2
N65	2,7	11	1:7500	4,1	10	1:10000	2
N70	2,1	9	1:7500	3,4	11	1:10000	2
N75	1,9	9	1:7500	2,8	10	1:10000	2
N80	1,9	9	1:7500	2,8	10	1:10000	2
M8NR, M10NR	1,7/2,6	6	1:5000	1,9/2,5	5	1:5000	3
M12TR	1,8	7	1:5000	2,0	6	1:5000	3
M14	2,7	7	1:10000	3,5	9	1:10000	1
M16	3,7	12	1:10000	5,6	12	1:10000	1
M18	4,6	15	1:10000	7,8	14	1:10000	1
M20	5,0	16	1:10000	8,2	17	1:10000	1
M21E	6,0	20	1:10000	11,2	25	1:10000	1
M21A	5,0	16	1:10000	8,2	17	1:10000	1
M35	5,0	16	1:10000	8,2	17	1:10000	1
M40	4,6	15	1:10000	7,8	14	1:10000	1
M45	4,1	13	1:10000	6,9	15	1:10000	1
M50	3,6	14	1:7500	6,0	15	1:10000	2
M55	3,6	14	1:7500	6,0	15	1:10000	2
M60	3,5	13	1:7500	5,5	12	1:10000	2
M65	3,5	13	1:7500	5,5	12	1:10000	2

M70	2,7	11	1:7500	4,1	10	1:10000	2
M75	2,7	11	1:7500	4,1	10	1:10000	2
M80	2,1	9	1:7500	3,4	11	1:10000	2
Open course	4,1	16	1:10000	5,9	15	1:10000	3
Open Marked course (ONR)	1,7/2,6	6	1:5000	1,9/2,5	5	1:5000	3

N – women; M – men; E – elite course; A – technically demanding shorter course; NR – marked course; TR – easy course with marked course line on map ONR – open marked course w/o age limits OPEN – free start time.

OPEN COURSE (Start 3)

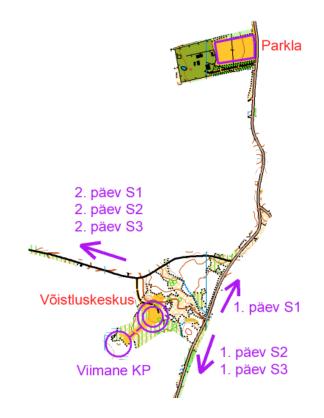
In addition, it is possible to participate in the open course, which is about 4 km long on Saturday and about 6 km long on Sunday, both by pre-registration and on-site registration. It is a course intended for recreational events' participants with average technical skills. Runners can start at the time of their choice when the start (start 3) is open. Registration and payment at the information tent (or pre-registration online). The price of the open course is 10 €/day for everyone.

STARTING PROCEDURE and MAXIMUM RUNNING TIME

The way to the starts from event centre is marked with signs and red arrows.

Distance from event centre:

	Middle 27.07.2024	Long 28.07.2024
Start 1	1,1 km	1,5 km
Start 2	0,8 km	1,2 km
Start 3	0,8 km	1,1 km



Individual interval start is used on both competition days. Participants must enter the pre-start area 2 minutes before the actual start time and referee checks the SI-card number. 1 minute before the start participant moves to his/her map and starts with the sound signal.

Maximum running time for middle distance is 90 minutes and for long distance 180 minutes. The start of the children's marked courses is open for 1,5 hours (on Saturday 14-15.30, on Sunday 11-12.30) and the young participants (also all the other runners starting from Start 3) can start at freely chosen times during this period.

If the parent's start time does not allow to accompany the child to the NR start or ONR course, please inform the organizers in Start 3 about this and agree on an approximate later start time.

REFRESHMENT POINTS

There are no refreshment points on middle distance.

On long distance, there are two refreshment points, which are marked on the map with a drinking cup symbol. There is plain water at the refreshment points. Refreshment points are manned.

One refreshment point is located in the terrain and is in the logical path of the shorter courses. Some runners of longer courses may also end up there in the case of good luck or a suitable path choice, but at the beginning of the course. The second refreshment point is located at the CP and is crossed by all the longer courses more or less halfway of the course. The location of the refreshment point can be found in the control descriptions.

PUNCHING SYSTEM

SPORTident punching system will be used in all categories. SI-cards can be rented from the organizers (2€ per day). In case of losing or breaking the SI-card, fee of 60 € will be charged. The map also has R-cells - if the SI map refuses, punch with a composter.

GPS equipment

On both days, five participants in two competition classes will be fitted with GPS transmitters and runners' movements can be tracked online. Competition classes and the list of GPS recipients will be published after the end of registration. The runners have to return the GPS device it to the organizers at the finish. GPS equipment will be distributed at the start.

FINISH and RESULTS

The finish time is obtained by punching at the finish line. After the finish, every competitor will receive his/her split times. Results will be available in the competition centre and on competition website: https://okkobras.eu/voistlused/koprakarikas/

Online results: https://otse.osport.ee/

For every participants there is a bottle of Värska drinking water at the finish. Medical help is near the finish.

NB! Crossing the finish line is mandatory for all competitors, including those who do not complete the course or exceed the control time.

PRIZE GIVING

Best runners in each category will be awarded (total results of 2 days). In categories MN21E winners of both days will be awarded. All children starting in marked route (MN8,10 NR, ONR) will all get a small prize.

OTHER

No number bibs are used.

Drinking water, cafe, kindergarten and toilets are available at competition centre. The is no showers at the event centre, the nearest beach swimming place is located 2.5 km from the competition center in the village of Krootuse.

REGISTRATION

Registration is open until Monday, July 22, 23:59. Registration can be done using the following ways: online registration: <u>https://osport.ee/calendar/Event/19190</u>

e-mail: <u>okkobras@gmail.com</u>

Registration is confirmed when participation fee has been paid.

The organizers reserve the right to sum the classes, if by the end of registration (22.07.2024 23.59) 3 or less participants have registered for the competition class.

START FEES

Class	until Mon 15/07	from Tue 16/07	from Tue 23/07,
		till Mon 22/07	incl on-site registration
M,N 8-12	5€/day	6€/day	9€/day
M,N 14-20	7€/day	8€/day	12 €/day
M,N 65-80	9€/day	12 €/day	18 €/day
M,N 21-60	12 €/day	16 €/day	24 €/day
Avatud rada:	5 € (born 2004 and later)/9 € (21-8	10 €/day (6 € ONR)	

From Tuesday, July 23, you can register only for reserve places for 1,5 price of the starting fee by sending an e-mail to <u>registration@okkobras.eu</u> with the following information: EOL code (if the participant has one), SI card number, name, club/competition class.

When registering on-site for open trails and, if possible, reserve spots of age grups, you have to pay in cash in the information tent.

Swedbank EE772200001120074588 Orienteerumisklubi Põlva Kobras

SEB EE241010402009464002 Orienteerumisklubi Põlva Kobras

Stebby.eu https://app.stebby.eu/pos/okkobras/events

ACCOMODATION AND CATERING

ea for tents is prepared at the competition centre. Cafe at the competition centre. Accommodation possibilities:

In Kanepi municipality: <u>https://kanepi.kovtp.ee/toitlustamine_majutus</u> In Polva county:

- Hotel Pesa, <u>http://www.kagureis.ee</u>
- Mammaste Sports Centre <u>http://tervisespordikeskus.ee/</u>
- Taevaskoja Salamaa <u>http://www.salamaa.eu/</u>
- Jäägri Pubi Jaama 16, Põlva tel. +372 517 1818 https://www.facebook.com/Jaageri.Pubi

Other accommodation and catering possibilities nearby can be found at: http://www.visitpolva.ee/index.php?lang=en

CULTURE

Culture events in Põlva county: https://www.polvamaa.ee/sundmused/

ORGANIZERS

Orienteering club Põlva Kobras, Käisi 11, 63307 Põlva (reg.nr. 80016512) Event director: Maret Vaher tel. +372 523 2977, e-mail <u>maretvaher@gmail.com</u> Course setter: Mihkel Järveoja

SUPPORTERS



WINNERS of Koprakarikas in 21E classes:

I	1989	Mammaste	(100)	Aleksei Nikitin (Pihkva)	Saima Värton (Kobras)
II	1990	Saverna	(181)	Rene Ottesson (ETKVL)	Ede Ümarik (Ilves)
III	1991	Krootuse	(242)	Rene Ottesson (ETKVL)	Ruth Vaher (Peko)
IV	1992	Janukjärv	(229)	Raul Kudre (Peko)	Ingrit Kala (Peko)
V	1993	Hatiku	(314)	Tarvo Avaste (Lehola)	Ruth Vaher (Peko)
VI	1994	Taevaskoja	(269)	Tarvo Avaste (Lehola)	Ruth Vaher (Peko)
VII	1995	Palojärve	(270)	Alar Viitmaa (Lehola)	Elo Saue (Ilves)
VIII	1996	Kanepi	(331)	Martin Veermäe (Ilves)	Laima Klauza (Kapa)
IX	1997	Palojärve	(371)	Sixten Sild (Võru)	Maret Vaher (Kobras)
Х	1998	Küka	(376)	Tarvo Avaste (Võru)	Külli Kaljus (Peko)
XI	1999	Karaski	(450)	Armo Hiie (Ilves)	Anu Annus (Peko)
XII	2000	Valgesoo	(472)	Erik Aibast (Tammed)	Kirti Rebane (Tammed)
XIII	2001	Pikajärve	(383)	Ville Vinkel (West)	Triin Vask (Ilves)
XIV	2002	Aarna	(657)	lgor Gorbatenko (Peterburg)	Kirti Rebane (Tammed)
XV	2003	Küka	(406)	Svajunas Ambrazas (Sakas)	Ingrit Kala (Peko)
XVI	2004	Hatiku	(365)	Marek Nõmm (Tammed)	Viivi-Anne Soots(Tammed)
XVII	2005	Akste	(371)	Peeter Pihl (Tammed)	Merike Vanjuk (Kape)
XVIII	2006	Piigaste	(401)	Rain Eensaar (Kobras)	Liis Johanson (Kobras)
XIX	2007	Krootuse	(450)	Timo Sild (Võru)	Merike Vanjuk (Kape)
XX	2008	Prangli	(472)	Timo Sild (Võru)	Merike Vanjuk (Kape)
XXI	2009	Leevi	(432)	Peeter Pihl (Tammed)	Merike Vanjuk (Kape)
XXII	2010	Janukjärv	(360)	Andreas Kraas (EKJ SK)	Merike Vanjuk (Kape)
XXIII	2011	Kooraste	(387)	Raido Mitt (Kobras)	Merike Vanjuk (Kape)
XXIV	2012	Lajavangu	(442)	Timo Sild (EKJ SK)	Kerstin Uiboupin (Võru)
XXV	2013	Saarjärve	(420)	Ats Sõnajalg (KEK RSK)	Merike Vanjuk (Kape)
XXVI	2014	Kuulma järv	(333)	Kaido Hallik (Ilves)	Mariann Sulg (Orvand)
XXVII	2015	Hatiku	(366)	Topi Hasu (OK Trian)	Eleri Hirv (OK Võru)
XXVIII	2016	Eoste	(337)	Reigo Teervalt (Peko)	Lorely Kõrvel (Kobras)
XXIX	2017	Poka	(297)	Kaur Kase (OK Võru)	Marianne Haug (OK Võru)
XXX	2018	Palojärve	(301)	Kristo Heinmann (OK Ilves)	Kirti Rebane (Tammed)
XXXI	2019	Janukjärve	(310)	Sergei Popov (BMSTU)	Triin Jäädmaa (OK Võru)
XXXII	2020	Küka	(318)	Kristo Heinmann (Peko)	Marianne Haug (OK Võru)
XXXIII	2021	Lajavangu	(381)	Sander Vaher (Kobras)	Margret Zimmermann (Kape)
XXXIV	2022	Jõgehara	(256)	Peeter Pihl (Tammed)	Piibe Tammemäe (SK100)
XXXV	2023	Poka	(275)	Peeter Pihl (Tammed)	Laura Joonas (OK Võru)
XXXVI	2024	Krootuse	()		