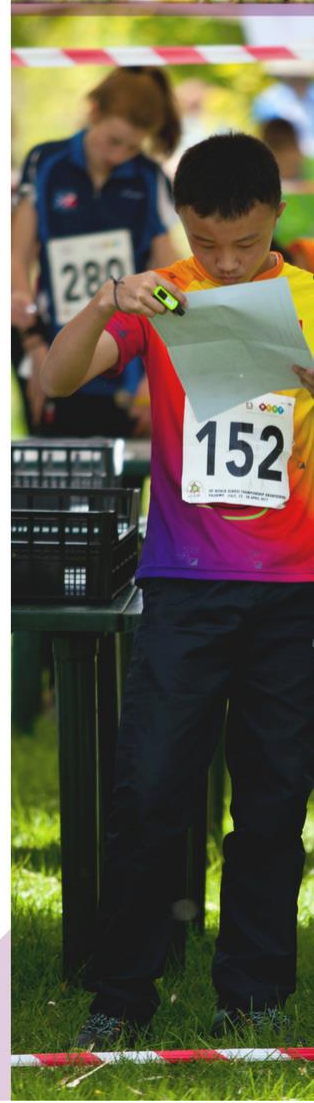




# Bulletin 1

## ISF World Schools Championship Orienteering 2019

**Otepää  
Estonia  
29/04 – 05/05/2019**



## ISF WSC Orienteering

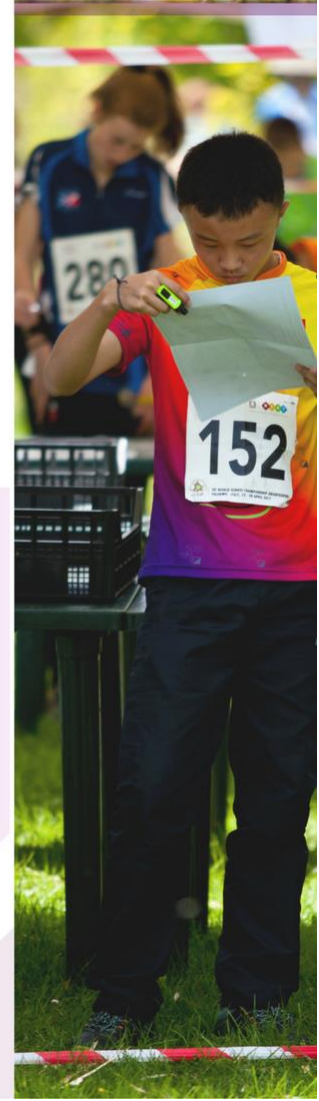
Orienteering is a sport that perfectly connects the navigational skills and physical ability to move at speed through unfamiliar terrain. The sport entered the ISF programme in 1987. At ISF events the sport is practiced by both boys and girls at the same magnitude, with 51% boys and 49% girls.

The last edition of the World Schools Orienteering Championship took place in Palermo, Italy, in 2017; 638 athletes from 26 delegations participated in the event.

Year	City	Country
1987	Jönköping - Huskvarna	Sweden
1989	Arlon	Belgium French Community
1991	Kauhajoki	Finland
1993	Bütgenbach	Belgium DG
1995	Polva	Estonia
1997	Lurisia	Italy
1998	Jurmala	Latvia
2000	Ashdod	Israel
2002	Leiria-Marinha Grande	Portugal
2004	Bütgenbach	Belgium DG
2006	Pezinok	Slovak Republic
2008	Edinburgh	Scotland
2009	Alcala de Henares	Spain
2011	Primiero	Italy
2013	Monte Gordo – Algarve	Portugal
2015	Kemer/Antalya	Turkey
2017	Palermo	Italy

The Executive Committee (EC) of the International School Sport Federation (ISF) entrusted the organisation of the 18<sup>th</sup> Orienteering World Schools Championship to Otepää, Estonia.

The Championship is open for both school and selected teams, in 2 age categories for both genders (2004-2005 and 2001-2002-2003).



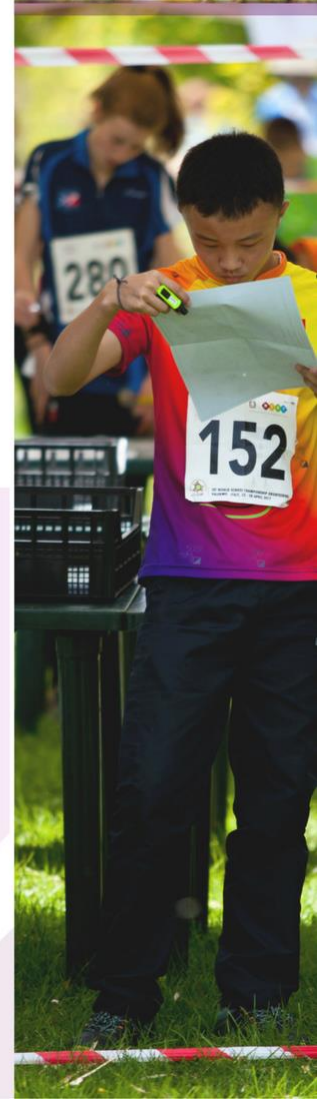
## ORGANISATION

### 1. Management

Organisation	Estonian School Sport Union
Event Manager	Raido Jaan Rei <a href="mailto:raido@tiim.ee">raido@tiim.ee</a> +37259195555
ISF Delegate	Robson Aguiar <a href="mailto:robson@cbde.org.br">robson@cbde.org.br</a>
ISF Technical Commission Orienteering	Karl Keuppens <a href="mailto:karl.keuppens@telenet.be">karl.keuppens@telenet.be</a>
ISF Sports Manager	Francesco Fiorini <a href="mailto:francesco.fiorini@isfsports.org">francesco.fiorini@isfsports.org</a>
Facebook	ISF WSC Orienteering <a href="https://www.facebook.com/profile.php?id=261530590723595&amp;ref=br_rs">https://www.facebook.com/profile.php?id=261530590723595&amp;ref=br_rs</a>
Twitter	<a href="https://twitter.com/isfsports/">https://twitter.com/isfsports/</a>
Instagram	<a href="https://www.instagram.com/isfsports/">https://www.instagram.com/isfsports/</a>
Website	<a href="http://www.isfsports.org/">http://www.isfsports.org/</a>

### 2. Provisional programme

29 April	Welcome / Payment / Accreditation / Housing of teams
30 April	Meeting Heads of Delegation / Technical Meeting Opening Ceremony Training, Model Event
1 May	Long Distance Race
2 May	Cultural Day Cultural Festival Technical Meeting for TC and Coaches
3 May	Middle Distance Race
4 May	Friendship Team Event Prize-giving / Closing Ceremony / Farewell Party
5 May	Departure



### 3. Travelling and visa

Travel as far as Lennart Meri Tallinn Airport is to be arranged and financed by each participating country. When the distance between Otepää and the capital of a participating country on another continent exceeds 5000 kilometres the delegation may extend its stay by arriving one day earlier or leaving one day later at the normal daily fee (50 €).

Delegations must arrive on 29<sup>th</sup> April and depart on 5<sup>th</sup> May after breakfast.

The organisation of an extended stay for the delegation (before or after the event) is a matter for the country concerned. It shall not be the responsibility of the Local Organising Committee.

Please check if your country needs visa to enter Estonia.

## TECHNICAL DETAILS

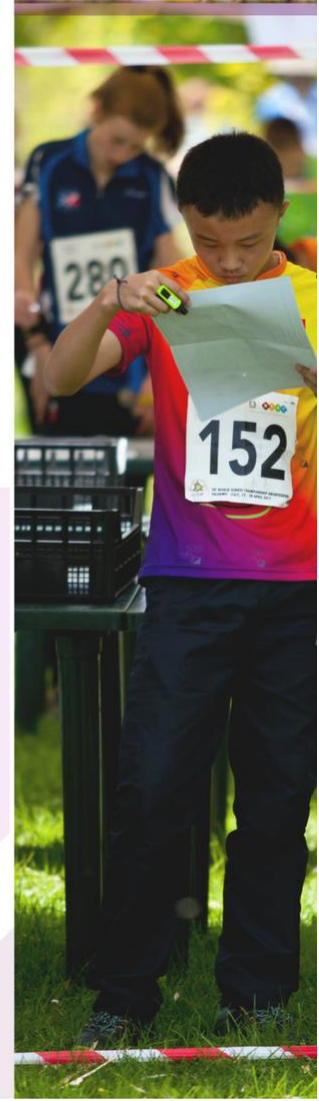
### 1. Conditions for participation

Sport	Category	Gender	Year of birth	Number of athletes per team
Orienteering	School	Boys	2004-2005	5
	School	Girls	2004-2005	5
	School	Boys	2001-2002-2003 <i>maximum two participants born in 2001</i>	5
	School	Girls	2001-2002-2003 <i>maximum two participants born in 2001</i>	5
	Selected	Boys	2004-2005	5
	Selected	Girls	2004-2005	5
	Selected	Boys	2001-2002-2003 <i>maximum two participants born in 2001</i>	5
	Selected	Girls	2001-2002-2003 <i>maximum two participants born in 2001</i>	5

A country may enter a maximum of 8 teams (1 team per category).

Each team shall be composed of 5 students and 1 teacher/coach.

At accreditation on 29<sup>th</sup> April 2019, teams that arrive without one of their 5 registered athletes may accredit and participate in the competition with 4 (four) athletes. Teams that arrive with less than 4 members shall not participate in any part of the competition.



Each competitor may only compete in one team.

Mixed teams are not allowed.

All students in the school team must have been enrolled at the same school since the beginning of the school year 2018/2019.

**We draw your attention to the technical rules, concerning the age category M1 and W1! In category M1 and W1, a maximum of two participants born in 2001 can be part of the team but only one result of the 18 years old participants (born in 2001) will be counted for each team. The best two other results must come from the 16 (born in 2003) or 17 (born in 2002) years old participants.**

## 2. Composition of the delegation

Sport	Athletes min-max	Head of Delegation	Coaches/ Teachers	Additional adults
Orienteering	5-40	1-2	1-8	2

All students must be attending schools which provide a general education.

The following are not eligible to participate:

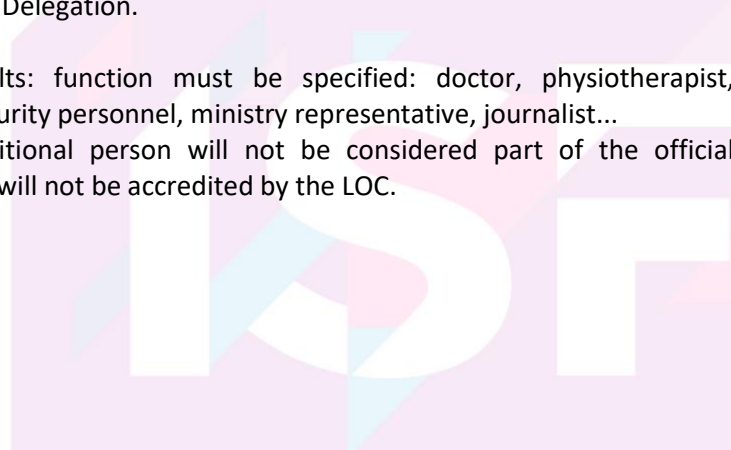
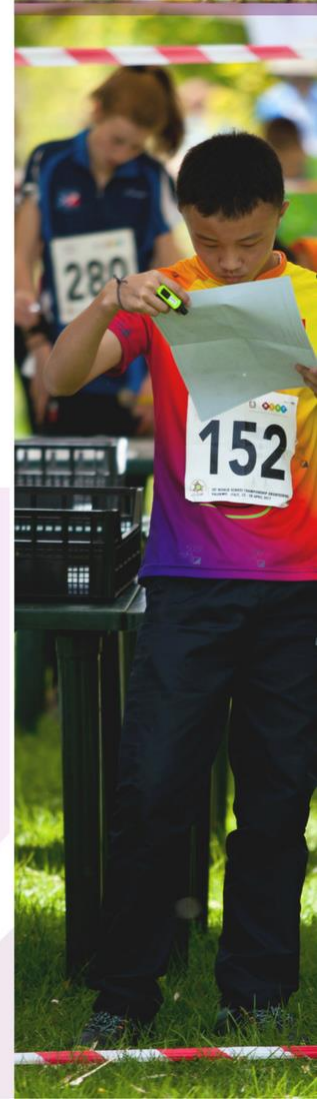
- pupils of vocational schools who only attend that school as a complement to their vocational training;
- school teams and pupils enrolled at schools which provide sports training without any general education;
- part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports;
- teams formed as part of clubs, companies, universities or other institutions.

Head of Delegation: he/she may not combine the function of Head of Delegation and coach or another official function. He/she shall be the sole intermediary between his/her delegation and the Organising Committee, the ISF Technical Commission and the ISF Delegate.

Deputy Head of Delegation: he/she assists the Head of Delegation. Only delegations from countries which enter more than 4 teams may nominate a deputy Head of Delegation.

Additional adults: function must be specified: doctor, physiotherapist, interpreter, security personnel, ministry representative, journalist...

Any other additional person will not be considered part of the official delegation and will not be accredited by the LOC.



Participants obligations:

- Each participant is required to be present throughout the whole duration of the event.
- Each participant is obliged to take part also in all of the non-sport activities.
- Each team undertakes to compete against all other participating teams.
- Each participant undertakes to compete against all other participants.
- The absence of any member of a participating team from any part of the entire sport programme, opening-, prize-giving- and closing ceremonies and socio-cultural programme may result in the team being excluded from the results.

### 3. Maps and terrain description

#### Maps:

The maps for the Long Distance and Middle Distance will be drawn according to IOF rules (scale 1: 10 000), with a contour interval of 5m. All the competition events will be organised in Otepää. The map for the Friendship Team Event will be at a scale of 1:5000 with a contour interval of 5 metres.

The competition maps for the WSCO 2019 will be revisions of the IOF maps that were used during European Orienteering Championship (EOC) and World Cup 2006.

#### Terrain description:

The Model Event :

The Model Event will be held on similar terrain to both the Middle and the Long Distance competitions. Mapping is done by the same mappers as the forest maps; therefore the Model Event will be ideal to get familiar with how certain features have been mapped.

The Model Event will be held in exactly the same way as in the competitions and will have Sport Ident timing. The start and finish layouts will be the same as in the competitions. The controls will be set out with Sport Ident units and there will be a Sport Ident download at the finish. Thus, this will serve as a full model event to show what competitors should expect in the coming days.

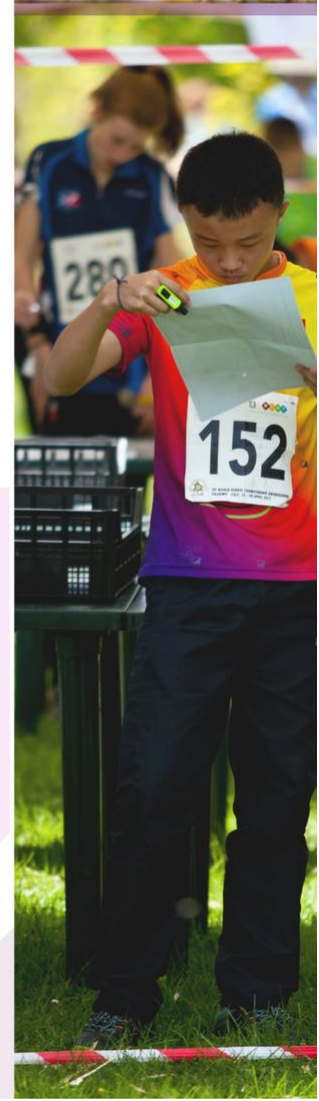
#### The long distance:

The terrain consists of mixed forest. The runnability of the forest varies from good in the coniferous areas to poor in the areas with deciduous trees. The forest has many small hills, which have steep slopes. Some of the hills are up to 70 metres high. The total height difference between the highest point on the map and the lowest point on the map is 90 metres. Between the hills there are marshes of varying size. There are many areas of cleared forest land and there are many fields. There are a few small roads and there are lots of different footpaths, cross-country ski trails and MTB tracks.

<http://www.orienteerumine.ee/kaart/db/kaart/2006002.gif>

#### The Middle distance:

The area has mixed forest with small hills. Between the hills there are marshes of varying size. The biggest hill is 50 metres high. The runnability varies from good in the coniferous areas to poor in the deciduous areas. There are many different footpaths, cross-country ski trails and MTB tracks.



These trails and tracks can vary in size. There are some areas of cleared forest land and some fields.

<http://www.orienteerumine.ee/kaart/db/kaart/2006003.gif>

#### 4. Embargoed area

ISF World Orienteering Championship 2019 Embargoed Area

<https://www.google.com/maps/d/u/0/edit?mid=1-X8rZmyhzZs5uBk0rkKjyikEtgF97S&ll=58.03868959707461%2C26.486320473852516&z=13>

Competitors, team officials, and other persons, who, through knowledge of the terrain, may influence the results of the competitions, are not allowed to enter this embargoed area for Fair Play reasons according to [the IOF competition rules](#).

There is an exception for practicing specific sports in the Tehvandi area (cross country skiing, roller skiing, alpine skiing and ski jumping,). It is permitted to enter the embargoed areas without a map, to train these specific sports on the tracks and slopes that are set out for that purpose.

#### 5. Friendship Team Event

The Friendship Team Event will take place in Otepää, the Winter Capital of Estonia. The city has the national Cross Country skiing and Biathlon skiing centre with many ski trails. The Otepää hill fort dominates the area. The hill fort was probably occupied about thirteen thousand years ago and also has the ruins of a medieval stone castle. The hill fort is 165.6 metres above sea level.

<http://www.orienteerumine.ee/kaart/db/kaart/2006004.gif>

More detailed information on maps and competition areas will be communicated in the 2<sup>nd</sup> bulletin at the end of January.

#### 6. Technical Rules

The competition will be run according to current ISF and IOF rules under the direction of the ISF Technical Commission for Orienteering.

The detailed rules can be downloaded here:

[http://www.isfsports.org/system/files/technicalrules\\_or.pdf](http://www.isfsports.org/system/files/technicalrules_or.pdf)

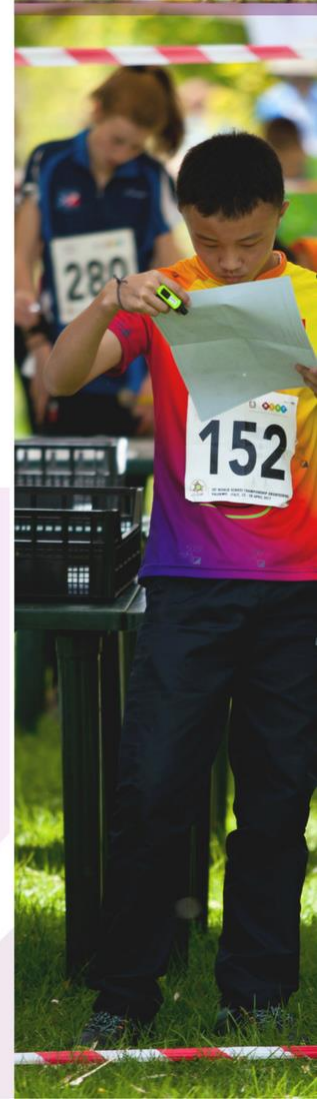
Course setter: Mait Tõnisson

National controller: Sixten Sild

#### 7. Doping

Dope testing (for use of banned substances) can take place during the competition according to current ISF Anti-Doping Rules:

<http://isfsports.org/system/files/isf-anti-doping-rules.pdf>.



If selected for testing a competitor may be accompanied by an adult.  
If a competitor is following a course of medical treatment which includes the use of prohibited substances according to the current WADA prohibited list (2018 version:

[https://www.wada-ama.org/sites/default/files/prohibited\\_list\\_2018\\_en.pdf](https://www.wada-ama.org/sites/default/files/prohibited_list_2018_en.pdf)), he or she must obtain from his/her National Anti-Doping Agency (NADO) a TUE (Therapeutic Use Exemption) that complies with the requirements of the International Standard and must inform the organisers immediately upon arrival.

## ADMINISTRATION

### 1. Registration

The registration will be open from 1<sup>st</sup> September 2018. The electronic entry registration form can be accessed [here](#).

Please use your ERAS credentials to access registration. If you need a new username and password, please contact the ISF secretariat [isf@isfsports.org](mailto:isf@isfsports.org).

Phase 2 of registration will only be opened once the deposit payment has been duly received by the ISF.

The final deadline for registration phase 2 is 30<sup>th</sup> November 2018. After this date the organiser of the event may reject any new entries.

### 2. Fees

#### a) Participation fee

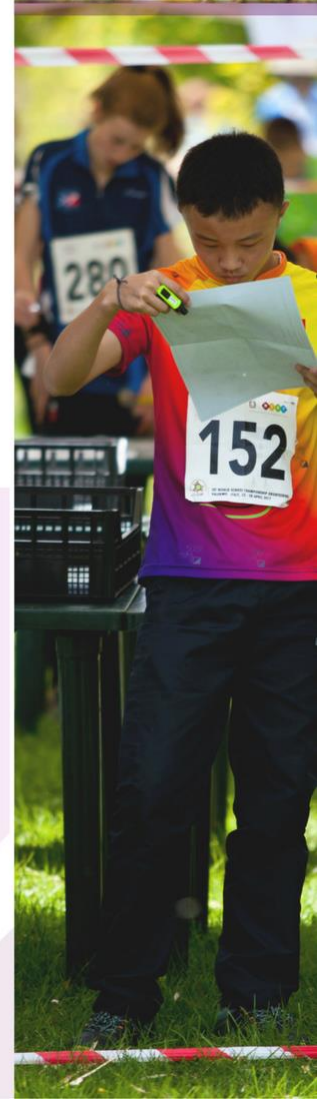
In accordance with the rules laid down by ISF, the payment to be made to the organisers of the event amounts to 50 € per person and per night.

The participation fee (per person/per night) in EURO for all participants is as follows:

Position	Fee	Type of room
Head of Delegation	50€	Single occupancy
Coaches/Teachers	50€	Double occupancy
Coach/Teacher	100€	Single occupancy
Competitors	50€	2-4 bedded room
Additional adults	50€	Double occupancy
Additional adult	100€	Single occupancy

The fee covers full board accommodation for the duration of the event.

It covers the competition, cultural programme activities and all transport in connection with the official programme (arrival, departure, sports and cultural programmes).





b) ISF levy

An additional ISF levy of 40 € per member in the delegation must be paid together with the balance of the participation fee.

c) Donation to the School Sport Foundation

The ISF School Sport Foundation intends to provide underprivileged school children with opportunities to access sports training by highly qualified PE teachers and trainers and to dispose of good quality school sport equipment and infrastructure. One of the occasions to help the Foundation is the Charity Gala Dinner in which the Heads of Delegation will be invited. An extra contribution of 50 € for taking part is requested.

A second way to raise funds for the School Sport Foundation is a free contribution that you can add to the 40 € ISF levy of the participants. You can add 5 €, 10 € or 15 € per participant to the ISF levy to pay. Instead of paying 40 €, you thus pay 45 €, 50 € or 55 € per participant.

d) Total Fee

The total sum per person amounts to

# nights		Participation fee		ISF levy		(Donation School Sport Foundation)	TOTAL (minimum)
6	x	50€	+	40€	+	(5€ or 10€ or 15€)	340

### 3. Deposit

Along with the entry, each country must pay a deposit of 100 € per person as confirmation of the entry. The deposit must be sent as a single payment for the whole delegation by the organisation responsible for school sport (federation, trust, ministry...).

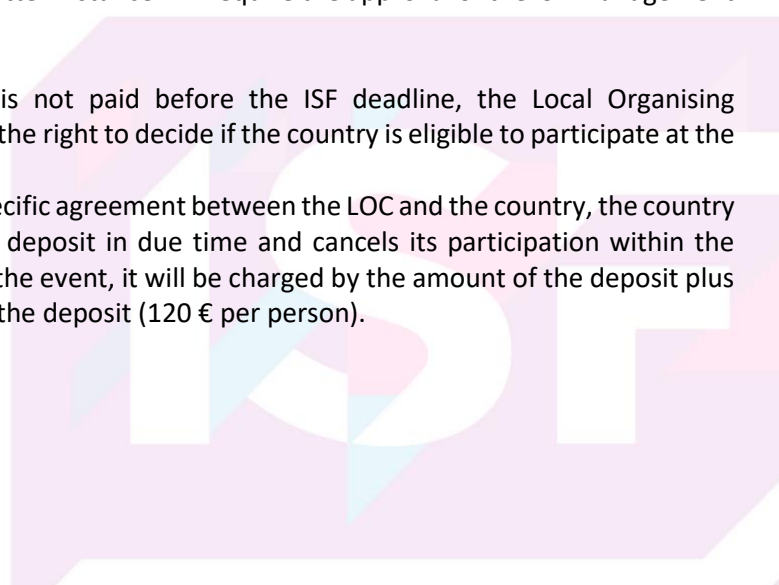
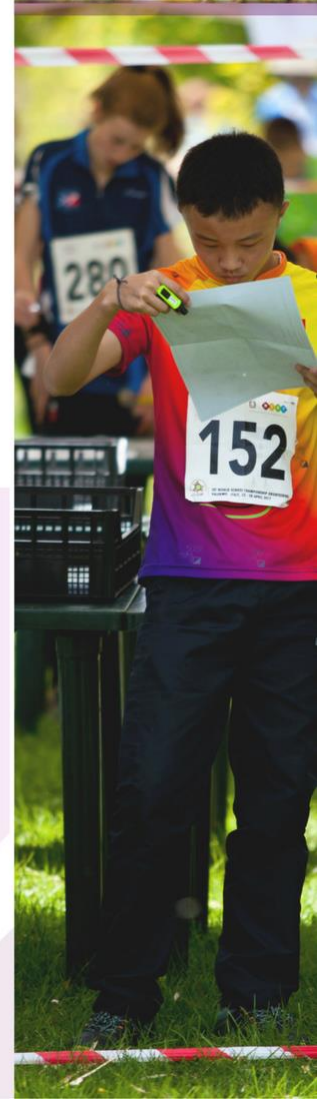
Payments by individual schools will not be accepted.

The sum of the deposit will be deducted from the total cost of participation.

The deposit is non-refundable in the event of non-participation unless the registered country has informed the organisers at least one month before the start of event or in the case of unusual or unforeseen circumstances (force majeure). The latter instance will require the approval of the ISF Management Committee.

If the deposit is not paid before the ISF deadline, the Local Organising Committee has the right to decide if the country is eligible to participate at the event.

If there is no specific agreement between the LOC and the country, the country fails to pay the deposit in due time and cancels its participation within the month prior to the event, it will be charged by the amount of the deposit plus a fee of 20% of the deposit (120 € per person).



The deposit is to be paid to the following account:

Name of bank: Fortis Bank  
Address : Warandeberg 3, 1000 Brussels, Belgium  
BIC (Swift Code) : GEBABEBB  
Payee: ISF, rue Archimède 59, 1000 Brussels, Belgium  
IBAN : BE03 0015 2130 7984  
Reference: ISF WSC Orienteering 2019 + *name of participating country*

The balance is to be paid on arrival or in advance by bank transfer. The details will be specified in the next bulletin.

All bank charges (for both deposit and balance) are to be met by the participating countries!

#### 4. Insurance

Each country is required to provide insurance for each member of its delegation. At a minimum the insurance is to cover civil liability, material damage and medical costs.

#### 5. Deadlines

Registration phase 2 on ERAS & payment of deposit 30/11/2018

**Looking forward to meeting you in Estonia in April 2019**

