

30. KOPRAKARIKAS

30th KOBRAS CUP



Palojärve, Kanepi parish, Põlva county
June 22-24, 2018

COMPETITION INFO

Orienteering Club Põlva Kobras invites all orienteering enthusiasts to 30th Koprakarikas. We are gladly welcoming all participants from beginners and rising stars to seasoned masters.

TIME, VENUE and PROGRAM

Road signs will be on Põlva-Saverna road (no 89) from village Ihamaru.

Friday, June 22	Middle distance	16:00	Event Centre open
		18.00	first start
Saturday, June 23	Long distance	9:30	Event Centre open
		11.00	first start
Sunday, June 24	Shortened long distance	9:30	Event Centre open
		11.00	first start
		14:30	Prize-giving ceremony

ORGANIZERS

Orienteering Club Põlva Kobras. Address: Käisi str 11, 63307 Põlva, Estonia

Event director: Nikolai Järveoja, phone +372 5034368

Course setter: Kalle Ojasoo and Alar Assor

IT: Priit Nurmoja

Start 1: Igmar Matto

Start 2: Katrin Viilu

Start 3: Maret Vaher and Lauri Teder

Ceremonies: Taima Nurm

CATEGORIES AND COURSE LENGTHS (KM)

START 1	Day 1 (22.06) Middle	Day 2 (23.06) Long	Day 3 (24.06) Short. long
M21E	7,0 km 24 kp	11,8 km 31 kp	9,4 km 26 kp
M21TECHNO	4,1 km 17 kp	7,0 km 21 kp	5,4 km 16 kp
M35	5,0 km 18 kp	9,5 km 29 kp	6,9 km 24 kp
M40	4,1 km 17 kp	7,0 km 21 kp	5,4 km 16 kp
M45	3,9 km 16 kp	7,1 km 21 kp	4,8 km 15 kp
M20	5,0 km 18 kp	9,5 km 29 kp	6,9 km 24 kp
M18	4,1 km 17 kp	7,0 km 21 kp	5,4 km 16 kp
M16	4,0 km 15 kp	5,8 km 19 kp	4,7 km 15 kp

W21E	5,0 km 18 kp	9,5 km 29 kp	6,9 km 24 kp
W35	3,9 km 16 kp	7,1 km 21 kp	4,8 km 15 kp
W21TECHNO	3,1 km 14 kp	5,1 km 17 kp	4,1 km 13 kp
W20	4,1 km 17 kp	7,0 km 21 kp	5,4 km 16 kp
W18	4,0 km 15 kp	5,8 km 19 kp	4,7 km 15 kp

START 2

M14	3,1 km 12 kp	4,7 km 17 kp	4,0 km 11 kp
M12	2,4 km 9 kp	3,9 km 12 kp	3,0 km 11 kp
M50	3,6 km 15 kp	6,3 km 19 kp	4,7 km 18 kp
MVIP	3,1 km 12 kp	4,7 km 17 kp	4,0 km 11 kp
M55	3,6 km 15 kp	6,3 km 19 kp	4,7 km 18 kp
M60	3,6 km 13 kp	4,8 km 16 kp	4,2 km 13 kp
M65	3,6 km 13 kp	4,8 km 16 kp	4,2 km 13 kp
M70	2,7 km 12 kp	3,9 km 13 kp	3,6 km 13 kp
M75	2,5 km 11 kp	3,8 km 13 kp	3,5 km 11 kp
M80	2,5 km 11 kp	3,8 km 13 kp	3,5 km 11 kp
WVIP	2,4 km 9 kp	3,0 km 12 kp	3,0 km 11 kp
W40	3,6 km 15 kp	6,3 km 19 kp	4,7 km 18 kp
W45	3,1 km 14 kp	5,1 km 17 kp	4,1 km 13 kp
W50	3,1 km 14 kp	5,1 km 17 kp	4,1 km 13 kp
W55	3,1 km 14 kp	5,1 km 17 kp	4,1 km 13 kp
W60	2,7 km 12 kp	3,9 km 13 kp	3,6 km 13 kp
W65	2,5 km 11 kp	3,8 km 13 kp	3,5 km 11 kp
W70	2,3 km 11 kp	3,8 km 13 kp	3,5 km 11 kp
W16	3,1 km 12 kp	4,7 km 17 kp	4,0 km 11 kp
W14	2,4 km 9 kp	3,9 km 12 kp	3,0 km 11 kp
W12	2,2 km 9 kp	2,6 km 9 kp	2,7 km 9 kp

START 3

MW8NR, MW9NR MW10NR	3,0/2,4 km 6 kp	2,8/2,0 km 6 kp	2,7/2,2 km 6 kp
OPEN (Avatud rada)	3,2 km 12 kp	5,0 km 14 kp	5,5 km 14 kp

OPEN: Registration to OPEN course at the Event Centre. Punching with SportIdent. Use Start nr 3.

E – elite, **Techno** – technical short, **W/MVIP** – open for all ages (suitable for beginners), **NR** – marked course. **OPEN**- score-orienteeing (participant gets a map with all controls, free starts time).

REFRESHMENT AND RADIO CONTROLS

In long distance (day 2) one refreshment control on longer courses, which is marked on map. 2 radio controls on each day.

MAPS AND TERRAIN

Mapper Avo Veermäe (spring 2018)

DAY 1, MIDDLE DISTANCE

Mainly coniferous forest with runnability from good to very good. There is a dense network of forest roads, paths and rides in the area, but the terrain is rather poor in landforms. Maximum height difference 5 meters. Some paths are cultivated due to risk of forest fires, and due to that running speed on them is reduced. Courses 100% in forest.

Map scale 1:10 000, h=2,5 m, map size A4

MW12, MW14, MW16, MW18, MW20, MW21E, MW21Techno, MWVIP, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, M75, M80, OPEN

Map scale 1:7500, h=2,5 m, map size A5

MW8NR, MW9NR MW10NR

DAY 2, LONG DISTANCE

First part of courses close to Palojärvi in fast pine forest with technical small landforms. Lot of fallen trees and dead logs. Longer courses extend on the banks of the river Ahja, where height differences in the terrain could be up to 30 meters and runnability poor. Marshes are mostly dry, water level low and crossing river should be easy. 100% forest.

Map scale 1:15 000, h=2,5 m, map size A3 ja A4

MW21E, M21Techno, M18, MW20, MW35, M40, M45

Map scale 1:10 000, h=2,5 m, map size A4

MW12, MW14, MW16, W18, W21Techno, W40, W45, MW50, MW55, MW60, MW65, MW70, M75, M80, MWVIP, OPEN

Map scale 1:7500, h=2,5 m, map size A5

MW8NR, MW9NR MW10NR

DAY 3, SHORTENED LONG DISTANCE

Lot of clearings with bad runnability. New tracks due to forest works. Longer courses extend on the banks of the river Ahja, where height differences in the terrain could be up to 35 meters

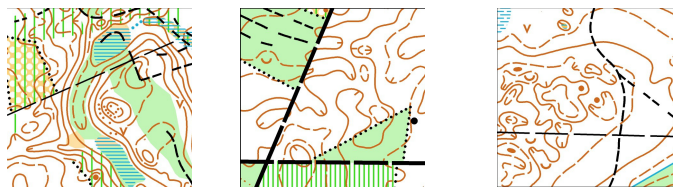
Map scale 1:10 000, h=2,5 m, map size A4

MW12, MW14, MW16, MW18, MW20, MW21E, MW21Techno, MWVIP, MW35, MW40, MW45, MW50, MW55, MW60, MW65, MW70, M75, M80, AVATUD

Map scale 1:7500, h=2,5 m, map size A5

MW8NR, MW9NR MW10NR

Map samples:



OUT OF BOUNDS AND DANGER AREAS

Crop fields, settlement. Its prohibited to cross areas marked as out of bounds: (cultivated land and settlement, ISOM 709.0 and ISOM 415.0).

Dangerous areas: crossing road, wet marshes, wide ditches, Ahja river. Fallen trees over Ahja river is marked on map with red stripe, and can be used for crossing river.

PUNCHING SYSTEM

SPORTident punching system will be used in all categories. All types of SI-cards can be used (including series 8 and 9). SI-cards can be rented from the organizers (1€ per day). In case of losing or breaking the SI-card, fee of 35 € will be charged. If SI card fails, use R square for punching. Check your SI card number from the start list beforehand – cant be changed at the start!

STARTING PROCEDURE AND MAXIMUM RUNNING TIME

Individual interval start is used on all competition days. Participants must enter the pre-start area 2 minutes before the actual start time and referee checks the SI-card number. 1 minute before the start participant moves to his/her map and starts with the sound signal. Children on marked routes can see the map 1 min before the start.

Maximum running time for middle distance is 90 minutes and for long distance 180 minutes.

No extra loose control descriptions at the start. No number bibs. Warming up on the road to start.

DISTANCE TO STARTS

Start 1		M21E,21Techno,20,18,16,35,40,45 W21E, 20,18,35
22.06 – Distance to start 930 m		
23.06 – Distance to start 1200 m		
24.06 – Distance to start 380 m		

Start 2		M12,14,VIP,50,55, 60,65,70,75,80 W12,14,16,VIP,21Techno,40,45,50,55, 60,65,70
22.06 – Distance to start 800 m		
23.06 – Distance to start 1200 m		
24.06 – Distance to start 830 m		

Start 3		M10NR,9NR,8NR; W10NR,9NR,8NR; OPEN
22.06 – Distance to start 480 m		
23.06 – Distance to start 1000 m		
24.06 – Distance to start 240 m		

FINISH

Punching at the finish line. Bottle of Väraska drinking water is served at the finish. Medical aid close to finish. All participants need to go through finish.

PARTICIPATION FEES

M,W 8-12	3 €/day
M,W 14-20	5 €/day
M,W 65-80	6 €/day
M,W 21-60	10 €/day
OPEN (no pre-registration required)	4 €/day (M,W 14-20), 8€/day (M,W 21-80)

OK Põlva Kobras bank account no EE772200001120074588 in Swedbank

(bank address: Liivalaia 8, 15040 Tallinn, Estonia)

SWIFT/BIC: HABAE2X

IBAN: **EE772200001120074588 Orienteerumisklubi Põlva Kobras**

Participation fee must be paid at the same time with registration up until 18.06.2018.

PRIZE-GIVING

According to overall 3-days result prizes will be given to the best runners. Winners of MW21E will be awarded every day. Participants on the marked course who attended on all 3 days will be awarded with mini-prizes, the best 3 runners will get the cups.

ACCOMMODATION AND CATERING

Area for tents is prepared at the competition centre. Cafe at the competition centre.

Accommodation possibilities:

Jäägri Pubi, Jaama 16, Põlva tel 5171818, e-mail jaan@aal.ee

Hotel Pesa <http://www.kagureis.ee>

Mammaste Sports Centre <http://tervisesportikeskus.ee>

Other accommodation and catering possibilities nearby can be found at:

Taevaskoja Salamaa <http://www.salamaa.eu>

More options: <http://www.visitpolva.ee/index.php?lang=en>

PARKING

At the competition centre, parking is free of charge.

CULTURAL PROGRAMME

Cultural events in Põlva and surrounding parishes: <http://www.visitpolva.ee/events>

OTHER

No number bibs are used. Clean drinking water, toilets, kindergarten and cafe available at competition centre. Instead of showers there is a nice outdoor swimming pool in lake Palojärv. Do not use any washing liquids or soaps!

Previous winners of MW21E categories:

I	1989	Mammaste	(100)	Aleksei Nikitin (Pihkva)	Saima Värton (Kobras)
II	1990	Saverna	(181)	Rene Ottesson (ETKVL)	Ede Ümarik (Ilves)
III	1991	Krootuse	(242)	Rene Ottesson (ETKVL)	Ruth Vaher (Peko)
IV	1992	Janukjärv	(229)	Raul Kudre (Peko)	Ingrit Kala (Peko)
V	1993	Hatiku	(314)	Tarvo Avaste (Lehola)	Ruth Vaher (Peko)
VI	1994	Taevaskoja	(269)	Tarvo Avaste (Lehola)	Ruth Vaher (Peko)
VII	1995	Palojärve	(270)	Alar Viitmaa (Lehola)	Elo Saue (Ilves)
VIII	1996	Kanepi	(331)	Martin Veermäe (Ilves)	Laima Klauza (Kapa)
IX	1997	Palojärve	(371)	Sixten Sild (Võru)	Maret Vaher (Kobras)
X	1998	Küka	(376)	Tarvo Avaste (Võru)	Küllli Kaljus (Peko)
XI	1999	Karaski	(450)	Armo Hiie (Ilves)	Anu Annus (Peko)
XII	2000	Valgesoo	(472)	Erik Aibast (Tammed)	Kirti Rebane (Tammed)
XIII	2001	Pikajärve	(383)	Ville Vinkel (West)	Triin Vask (Ilves)
XIV	2002	Aarna	(657)	Igor Gorbatenko (Peterburg)	Kirti Rebane (Tammed)
XV	2003	Küka	(406)	Svajunas Ambrazas (Sakas)	Ingrit Kala (Peko)
XVI	2004	Hatiku	(365)	Marek Nõmm (Tammed)	Viivi-AnneSoots(Tammed)
XVII	2005	Akste	(371)	Peeter Pihl (Tammed)	Merike Vanjuk (Kape)
XVIII	2006	Piigaste	(401)	Rain Eensaar (Kobras)	Liis Johanson (Kobras)
XIX	2007	Krootuse	(450)	Timo Sild (Võru)	Merike Vanjuk (Kape)
XX	2008	Prangli	(472)	Timo Sild (Võru)	Merike Vanjuk (Kape)
XXI	2009	Leevi	(432)	Peeter Pihl (Tammed)	Merike Vanjuk (Kape)
XXII	2010	Janukjärv	(360)	Andreas Kraas (EKJ SK)	Merike Vanjuk (Kape)
XXIII	2011	Kooraste	(387)	Raido Mitt (Kobras)	Merike Vanjuk (Kape)
XXIV	2012	Lajavangu	(442)	Timo Sild (EKJ SK)	Kerstin Uiboupin (Võru)
XXV	2013	Saarjärve	(420)	Ats Sõnajalg (KEK RSK)	Merike Vanjuk (Kape)
XXVI	2014	Kuulma järv	(333)	Kaido Hallik (Ilves)	Mariann Sulg (Orvand)
XXVII	2015	Hatiku	(366)	Topi Hasu (OK Trian)	Eleri Hirv (OK Võru)

XXVIII 2016 Eoste (337) Reigo Teervalt (Peko)
 XXIX 2017 Poka (297) Kaur Kase (OK Võru)
 XXX 2018 Palojärve (.....)

Lorely Kõrvel (Kobras)
 Marianne Haug (OK Võru)

 **SUPPORTERS**

